
BSTTW COMMUNITY NEWS

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BSTTW REBUILDING LIVES

Agnijith A Herbal Medication Donated To BSTTW

By: Michael Appleman, CEO

BSTTW is proud to announce that we have received 200 90 gram jars of Agnijith, from Padanajali Ayurvedic Ltd and the Ayurveda Laboratory in India. The funds for the donation was donated by Mammooty the famous film star in South India

The herbal medication Agnijith has been seen to heal 1st, 2nd, and 3rd degree burns. It has also been found to help reduce burn scars and keloids. Back in 2006 **BSTTW** had a medical study in Assiut, Egypt. We found that Agnijith was able to heal burn injuries in a timely fashion. You can see pictures from our work in Egypt by going to

<http://www.burnsurvivorsttw.org/cgi-bin/album/album.pl?album=Egypt/BSTTW%20March%202006%20Assiut%2C%20Egypt%20rip>. Also in 2006 BSTTW traveled to Viet Nam and offered wound care work with Agnijith. **BSTTW** found that Agnijith was able to heal deep second degree burns. To see pictures of this work go to <http://www.burnsurvivorsttw.org/cgi-bin/album/album.pl?album=Viet%20Nam/February%202006%20Trip/Wound%20Care/Lan%20Anh>.

BSTTW is currently in the process of setting up a new medical study. We are speaking with several

pharmaceutical companies about using their medication up against Agnijith. The medical study will be looking to see what medication works well reducing burn scars. **BSTTW** is also speaking with doctors and hospitals in Africa, Egypt, Mexico, Ghana and Viet Nam about having the medical study and helping the burn survivors in their part of the world. The medical study does not have a name at this time. If you would like to take part in creating the name for the medical study email us your suggestions at medicalstudy@burnsurvivorsttw.org.



A FAMILY AROUND THE WORLD

If you would like to volunteer for the upcoming medical study you should fill out the **BSTTW Volunteer E-Form** at www.burnsurvivorsttw.org/volunteer/volunteer.html and we will contact you as soon as possible.



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Re-Building Lives, One Skin Graft At A Time

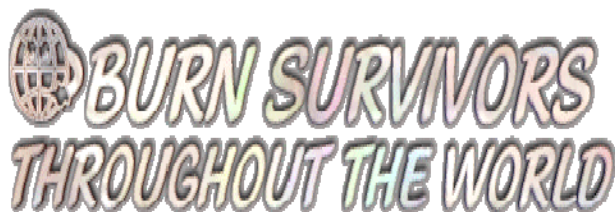
By: Delores Lekowski

A lot has been said about the emergency responders who rescue others from a burning inferno. Indeed, burn survivors and their families are forever beholden to firefighters who put their own lives in danger to save theirs.

But the rescue is only the beginning of a long journey filled with heroes. Family members become the emotional heroes of burn patients, and together they share an unfamiliar world filled with uncertainty and pain, tears and triumphs. A love-and-hate relationship develops with the burn nurses, as they work with empathy to do what they can to help the excruciating healing process along. And last, but certainly not least, are the heroes that you don't hear much about—the re-builders of our lives and our bodies—the burn unit doctors! This months article is a tribute to these amazing professionals.

I was a child, just ten years old, when I was thrown into the scary world of burn recovery. Dr Clifford Keihn and Doctor John Desprez were my Plastic Surgeons. I remember Doctor Keihn had cleats on the bottom of his shoes (so I always knew when he was coming down the hallway) and a booming voice that was a little intimidating to a child. After one of my skin grafts took when there was little chance that it would, I heard Dr. Keihn tell my mother, "I don't know what she is made of, but it must be good stuff!"

As an adult, many years after my injury, I was considering having more surgery done, and I made an appointment with Doctor Keihn. I was amazed when he remembered me. He gave me a hug as he said " I was always so proud of you!"



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Years later, I found out Doctor Desprez had retired, and I was able to get his address. I wrote him a thank-you letter telling him what I have done with my life. He wrote back, and I was amazed that he remembered who I was.

I had always felt that Dr. Keihn had an emotional attachment to my recovery and would have been personally affected had I not survived. Since I have become involved with the Burn Center at MetroHealth Medical Center in Cleveland, Ohio, I have been given the opportunity to understand how burn doctors feel about their patients. I learned that not only was I right about Dr. Keihn; I learned that this feeling isn't unique to just my doctors. They all have this personal attachment.

Every doctor of the Metro Burn Unit shares these feelings, according to Doctor Richard Fratianne, Director Emeritus and founder of the MetroHealth Burn Center and a retired burn surgeon. When I told Dr. Fratianne about my doctors' remembering who I was, he said, "Don't you know, we never forget our patients, and we especially never forget our children."

Without burn doctors, survival from a burn injury would not be possible. These doctors not only take a professional role in our survival, they take a personal role. Every patient becomes a member of their family. Survival is not their only goal. After we survive our injuries, the goal of these doctors shifts from concern for our survival to concerns for our quality of life after we leave the burn units and re-enter society. Just as parents are proud of their children's successes, so are these doctors proud of the successes of their burn patients. They don't take credit for any of it, but instead they seem to have a special admiration for the will and ability of the survivors to lead fulfilling lives in spite of their injuries. In recognition of the lives that burn survivors go to lead, Dr. Fratianne has said many times that every child born to a survivor is a miracle child, because had their parent not survived, these little miracles would not exist.

Burn survivor's have a different take on survival; we know our survival was in the hands
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of our God, our doctors and the burn unit staff; I have little doubt that Dr. Fratianne, Dr. Keihn, Dr. Desprez and all burn doctors have never forgotten the thousands of patients they have put back together. Our quality of life has been enhanced because of them, and while deep admiration is deserving of everyone who stood by us in our recovery, we have a special place in our hearts for our doctors, who literally re-built our bodies and our lives, one skin graft at a time.

Samuel's Burn Injury: A Mother's Story

By: Dixie Goodrich

I am the Mother of a burn survivor. I will never forget the day my son, Samuel became a burn survivor. That was Friday night September 25, 1998. Before I talk about that day I would like to go back five days. On the Tuesday prior to that Saturday my husband had been clearing some of our land. He started a fire on the back of our property. It was burning all week. Due to the fact that the fire was so far in the back of our property we never thought about the dangers. We felt the kids would never get close to the fire. Well that was a big mistake. On Saturday September 25, 1998 our five year old and our friend's son went back there to check things out and Samuel followed. From what we have been able to piece together, most of the ashes had cooled down. There was still a smoldering bed of very hot coals. Samuel climbed onto a log near a hot spot. The older boys went back into the house. They did not take Samuel with them, as of course they should have. Samuel fell in backwards and as he lay there in the coals with his back, legs and feet burning he tried to push up with his right arm. This caused Samuel to also suffer a burn injury up past the elbow.

At this point I would like to move forward to the day before the burn injury occurred. My husband and I took our six children to the county fair. As we stood there with our 2 year old son waiting his older brother to get off a ride

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he was on the gentleman who ran the ride, came over and said; "hey lady he belongs in a Norman Rockwell picture". As I looked down on my little boy I thought wow he is right. The light was shining just right on my little Samuel as he stood there in his jean overalls, denim hat, his sweet face and twigs of blond hair just peeking up at me. As a mother I was so proud and happy to share this time with my husband. That moment has remained frozen in my mind. I did not know that next morning our lives would change forever.

Well that evening ended. We all went home, the kids went to sleep and I looked forward to tomorrow. I woke up and prepared for Sunday mass. My husband, 8 year old son and I went to our church. The church is approximately eight miles from the house. We had left the other children in the care of my eighteen year old niece. We hadn't been gone more than thirty minutes when I received a phone call from my nine year old daughter. She was extremely upset and did her best to tell me that he fell into the fire. Since we had left our three sons and a friend's boy at the house I didn't know which he my daughter was talking about. I was in shock. I turned to my husband and told him what our daughter just said on the phone. He asked me who it was that suffered the burn injury. I told him that I was not sure and that it was best we go home. We moved as fast as we could to the car. The eight miles back home felt like the longest time in our entire life. All I could do was pray "LORD please help him". When we arrived home we saw everyone standing around our son Samuel who suffered the burn injury. The ambulance still had not arrived. This was due to the fact that the local ambulance had broke down and the next town over had to be called. It took them forever to arrive. With the Lord's help, we were very blessed to have a paramedic who lives down the street.

When he heard the call, he ran over to our
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house, assed our son Samuel and did whatever he could do. After evaluating the situation the paramedic decided the best thing to do was call Life Flight. When the helicopter arrived, our son was transported to Herman Hospital in Houston, Texas. The doctors at Herman Hospital immediately sent our son to Shriners in Galveston, Texas. Due to the weather, it was raining in the Houston/Galveston, Texas area, it took us an hour to get to Houston then another hour to arrive in Galveston. This felt like it was the longest day of my entire life.

Samuel had 3rd degree burns on 37% of his little body. He had skin grafts on his right arm and hand. Samuel was at Shriners for four long weeks. Like many other Mother's I felt he needed to stay longer. This was due to the fact that Samuel still needed dressing changes and medications. I also had five other small children to care. Our youngest was five months old. How could I give Samuel and the other five kids all the love and attention needed? Life was really tough for one year. Samuel had to have rehabilitation therapy five days a week and all that goes with it.

Well at this point I would like to move forward nine years. Samuel is eleven years old now and I am so thankful for the LORD sparing Samuel's life. Our survivor is such a sweet boy with much compassion. During the summer of 2007 Samuel went to burn camp for the first time. Samuel was able to learn many positive things from the burn camp. It was the first time he was able to talk with kids like himself truly understood the emotional and physical pain he went through. So many burn survivors felt alone before they attended a burn camp. Samuel was one of these children. He felt that he was the only child with scars. The burn camp allowed Samuel to realize he was not the only one who suffered a burn injury and

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had to live with burn scars.

If there are other Mothers out there that would like to talk to someone who has been there and knows what its like not to be able to make the horrible pain stop and make the boobos all better. feel free to contact me.

Dixie

To learn more about how you can contact Dixie and other burn survivor family members you should go to

www.burnsurvivorsttw.org/support/family.html

Skin Needling – Natural Collagen Renewal

By: Susan Church

What is Skin Needling Ms. Church has been performing Skin Needling for over 16 years. Her articles were published in 1991 in the 'Society of Permanent Cosmetic Professionals' (SPCP) Newsletters as well as in other publications on these remarkable findings. Ms. Church has also lectured to medical and beauty professionals on numerous occasions sharing photos of burn, scar, cancer, as well as 'everyday' clients that request her services.

Skin Needling/ Facial Needling treats light scaring, fine to deep wrinkles. Using a machine for the Skin Needling procedure, the needle cluster is gently inserted into the epidermis and top layer of the dermis. Skin Needling promotes the natural reproduction of collagen and elastin, making the skin feel smoother and tighter. We treat only the area that needs attention. We do not work on any tissue outside the boundaries of the wrinkles and scar tissue as this will make the wrinkle appear even deeper. Skin Needling stimulates the body's natural wound healing reaction to produce natural collagen.

With microscopic punctures in the epidermis, Skin Needling is minimally invasive with little damage to the epidermis. Anesthesia is generally not needed for Skin Needling as it is not so invasive as to cause pain. Skin Needling

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procedures have minimal 'Down Time' and swelling, and most people return to work the following day.

Depth of Penetration

The insertion of the needle for Skin Needling is approximately .07 mm. but this measurement depends on the severity of the wrinkles and the desired results.

The Hands of Time

What contributes to wrinkles and the loss of collagen?

- Sun, and tanning beds
- Anyone who works outdoors
- Anyone who likes to 'play' outdoors: volleyball, golf, water sports, baseball etc.
- Genetics
- Smoking
- Unhealthy lifestyles
- Dehydration
- People that are Type I and II on the Fitzpatrick scale
- Sleeping with your face buried in a pillow

Who Will Benefit from Skin Needling?

- In view of the fact that Skin Needling is a nominally invasive procedure, anyone with fine, medium or heavy wrinkling will experience positive results:
- People with acne scars, chicken pox scars, and scars from surgery
- People who have picked at pimples and scabs creating scars and pits
- People with naso-labial wrinkles as well as smokers and laugh lines
- People with chest, neck, knee, arm and hand wrinkles

BSTTW COMMUNITY NEWS**Contraindications for Skin Needling**

- Anyone who is darker skinned and hyper-pigments will need to use a lightening skin treatment for 2 weeks prior to their treatment appointments
- If you have the propensity to keloid you would not be a candidate for Skin Needling
- We never work on raised moles, warts or any raised lesions

People who are not acceptable candidates for this procedure are:

- Anyone that is under medical care that may be on a high blood pressure medication, heart medication, is diabetic, not in general good health, is a poor healer, has an active herpetic breakout, or has just had an invasive laser treatment
- Anyone that has any type of facial skin disease or disorder that would be a contraindication
- Anyone who is taking homeopathic, vitamins or herbs that thin the blood
- Anyone with scars that are less than 6 months old
- Anyone that has had facial fillers, or Botox, in the past 4 months in their lips or face
- Anyone who has had facial surgery in the past 6 months
- Anyone who has had 'PERMANENT' fillers, such as Dermagen or Shark Cartilage injected in the past 6 months would not be a candidate for Skin Needling

- Anyone that has been using corticosteroids on the treatment area, as this thins the skin's

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tissue

Tools Used

Skin Needling can be accomplished by using a coil, digital, rotary machine or a manual tool. Although this procedure does not require the power of a heavy duty machine, if you are accustomed to using a coil or digital machine you can turn the power down and achieve successful results. Sterile, single-use needle clusters will depend on the method of procedure, depth of area to be worked on, and condition of the tissue.

Pre-Treatment Management

The skin should be assessed prior to the client’s first treatment. The use of skin treatments and/or products both pre- and post-treatment will enhance the client’s results dramatically. Sun worshipers and men that have not been on a regular skin care regime would receive greater benefits if they have any of the treatments listed below prior to their Skin Needling procedure.

Several options are available to the clients Pre-Treatment are:

- Microdermabrasion
- Peels – AHA’s, Glycolic, Salicylic, Malic, Enzyme Peels or Jesners
- Laser
- Retin A, Retinol, Renova

Anyone that is prone to herpetic outbreaks needs to be on an antiviral medication prior to their Skin Needling procedure. This applies to



addonChat 

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each additional procedure as well. For clients that bruise easily, it is advised to consider taking Arnica Montana, Bromaline, or any other anti-inflammatory and anti-bruising product 1-2 days prior to each Skin Needling session and 2-3 days post procedure.

Post Treatment Management

Mineral makeup can be used after the skin has healed. If you use makeup on broken skin, the risk of bacteria entering the procedure area, as well as the makeup filtering its way into the open tissue, can be detrimental by causing darker pigmentation.

After the skin has healed, the use of AHA’s will help to keep the top layer of skin softened and sloughed off resulting in younger looking skin. For the first few days our clients use a very light coat of Petroleum directly on the treatment area. This will not only keep the area from scabbing but will keep the skin soft and supple. Using topical Vitamin C, A or E and Collagen producing products are also fantastic for the skin. I have been using Prevenge by Allergan (from my Dermatologist Dr. Noushin Parastouk) as it is great for sloughing off and regenerating tissue.

Turning Back the Hands of Time

Our clients report smoother, softer feeling and looking skin after each treatment; noticing creams and lotions penetrate their skin more easily, and their fine lines and wrinkles have softened considerably. Clients with other concerns, such as acne scarring, scars from surgery or injury, do not notice the depressed area. The body’s natural collagen is masking the imperfection of the scarring process after each treatment, while it regenerates the natural collagen. We have clients that have seen immediate, long-lasting results, and other clients noticed an improvement gradually over an 8 week period. One of our acne clients said he noticed results 3 months post procedure and his skin kept looking better and better.

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Each person’s results will vary as their body’s NATURAL collagen and elastin regenerate.

Post Procedure Appearance includes:

Day 1 and 2 – Depending on how deeply the technician inserts the needle into the epidermis, the tissue may be slightly to moderately swollen, tender, red and bruised, with a slight lymph discharge from the treated areas. Minor itching may occur and the ‘needled’ tissue may exhibit the appearance of ‘cat scratches’.

Day 3 – The treated areas slightly crust and remain faintly pink to red.

Day 4--The redness and crusting have diminished.

Day 5—There is barely any evidence of a procedure.

Follow up Treatments

Procedure applications are usually repeated at a 6-8 week intervals depending on the condition of the tissue and desired results.

Fees

Technician fees range from \$200.00 to \$395.00 per 30 minute sessions.

Comparison of Wrinkle Treatments

Procedure Treatments Needed Fees Per Treatment Total

Skin Needling	1-4 every 6-8 weeks	\$250.00 per average session	4 treatments \$1,000.00
Acupuncture	10-20 weekly sessions	\$140.00-\$200.00 per session followed by monthly maintenance sessions	First year \$2,800.00+ \$4,400 for 2 years
Heavy Skin Peels	4-6 peels	\$300.00+ per average	5 treatments \$1,500.00

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		session	
Microdermabrasion	Monthly treatments – 12 treatments	\$150.00+ per average session	12 treatments \$1,800.00
Laser	8-10 sessions	\$800.00+ per average session	9 treatments \$7,200.00

Post Procedure Aftercare for Skin Needling

Skin plumping products, vitamins or collagen based products can be used after the skin is healed. The use of a ‘Total Waterproof Sun Block’ is strongly suggested on a daily basis.

Facial Fillers

After the Skin Needling procedure fills in wrinkles and lines with the body’s own natural collagen, the client may still want to have facial fillers in their lips, as well as Botox, to paralyze their glabella, upper forehead and crow’s feet.

Final Thoughts

To look their best, we still recommend that all clients should consider having Botox to paralyze their muscles to enhance their Skin Needling results. Lip fillers are also highly recommended to plump the lips if the client is requesting fuller, luscious lips. Skin Needling can be dangerous in the untrained hand. Skin could be macerated by overworking of the procedural area and potentially creating scarring. Always consult a trained professional for these treatments. People trying to do these treatments at home will not experience pleasing results. I have learned extensively about the body’s natural collagen; our intricacies, along with how vitally important collagen is for our entire body. I suggest that you go to these websites for detailed information on collagen.

* 1 <http://en.wikipedia.org/wiki/Collagen>

* 2 <http://sanctumhealth.com/pure-collagen/technical-info/the-tie-that-binds.php>

* 3 <http://en.wikipedia.org/wiki/Collagen>

Caregiving and Your Spouse or Partner

By: Dr. Debra Moore

CAREGIVING AND YOUR SPOUSE-PARTNER MEN AND WOMEN OFTEN REACT DIFFERENTLY.

Do you think it's fair to say some men are jealous of anything that takes his wife's time or energy?

Consider how a partner feels when you are caring for a parent who never approved of them from the beginning.

Men are typically very goal directed, women are more relational.

In caregiving this can be very good and complementary, but only if you are both about equally involved.

Otherwise, your male partner may have a hard time understanding the emotional strain of caring.

He may get frustrated when you don't "just make a decision".

PARTNERS MAY SEND MIXED MESSAGES ABOUT YOUR CAREGIVING ROLE.

We mentioned this before and it is true of children too.

Don't get sucked into "so what do you really want?" - they can't have what they want and you can't either, it's a tough situation. Try to stay rooted in what you know you need to do and calmly state that and leave it at that.

YOUR PARTNER'S OWN PAST WILL INFLUENCE HIS/HER REACTIONS.

Factors include your partner's degree of attachment to family, affection for his parents, affection for yours, and how well his needs were met growing up.

Your partner can go either way - distancing and **CONTINUED On Page 9 "CAREGIVING"**



Proud participant in the
Combined Federal Campaign

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wanting you to also, or being overly connected to his own parents, therefore having no energy left over for yours, or wanting to buy approval from your parents by finally proving himself. The reactions are as individual as he is.

YOUR PARTNER MAY WANT TO PROTECT - DEFEND YOU.

Sometimes looking from the outside can be helpful, but sometimes it means the observer doesn't have all the information, but thinks they do.

Your partner may not be aware of all the background work you've done or all the conversations you've had with various people. For instance, you and your siblings may have made peace with some decisions after lengthy conversations, but if your partner wasn't there, he may try to argue that you "should tell so and so you won't do all that...etc"

If there is a history of him not liking your siblings, he may play this out now.

Men often react differently when their aging in-laws need help. No matter what his history with his mother-in-law, some men will be jealous of anything or anyone who takes his wife's time or energy. Especially if the mother-in-law had made no secret of her lack of enthusiasm or outright disapproval of her daughter's husband.

Your husband's past will also partly determine how he responds to the needs of aging parents, whether yours or his. If he had a strong bond with his parents, he may have formed a strong one with yours. If he had a troubled relationship with his parents, he can go either way- either distancing and wanting you to distance as well, or being still connected to his parents out of dependency or guilt and therefore have nothing left to help you with yours.

He may also not like what he sees in terms of how your siblings are treating you or your parents. You may have made peace with the dynamics of your family, but it may hurt or anger him if he sees what he thinks is you being taken advantage of.

You, likewise, may have a hard time caring for his parents if you think they never approved of you, or if they never gave your husband the love or credit you think he deserves.

The Ariel Gonzalez Band



BSTTW POEMS

I began writing poems during my recovery in order to not only help himself, but to offer support and positive thoughts to all burn survivors and family member who are going through a rough time. I ask you all to never give up and continue to do what I and so many others have done during and after recovery...find the support needed to work through the rough time and continue moving forward in your life.

If you would like to submit a poem or story to **BSTTW** you can do so by email at poems@burnsurvivorsttw.org or stories@burnsurvivorsttw.org. **BSTTW** also has a program on our internet site that allows you to submit your stories and poems electronically. You can submit the full story at www.burnsurvivorsttw.org/stories/storymaker.html and your full poem at www.burnsurvivorsttw.org/poems/poemmaker.html

Michael Appleman, CEO

Family, Support & Recovery

By: Michael Appleman

It is so important to have family around
Their love and support gets you up off the ground

By feeling alone and not getting support
You feel lost and always caught

The burns they hurt inside and out
Emotional and physical pain makes us shout

Medications they support some of the time
When the pain moves up I started to wine

Today and tomorrow comes and goes
The pain and scars always shows

The recovery is a long process for all
No one came when I began to call

Will I find the support I need
BSTTW can help plant the support seed

Give them a call as fast as you can
They will help a woman or a man

Michael Appleman

You can contact **BSTTW Support Team** by using our internet site at <http://www.burnsurvivorsttw.org/eforms/supportemail.html> or by telephone 936-647-2256 or toll free at 866-712-6164

BSTTW CONTACT INFORMATION

EMERGENCY CONTACTS

BSTTW has a support team that is on call 24 hours a day 7 days a week to help a burn survivor, family member or firefighter deal with a burn injury and fire related emergency. You can contact **BSTTW** on the internet or by telephone. On the internet go to the **BSTTW Emergency Email E-Form** at www.burnsurvivorsttw.org/eforms/emergemail.html or the **BSTTW Support Team E-Form** at www.burnsurvivorsttw.org/eforms/supportemail.html

To contact **BSTTW** by telephone by dialing 936-647-2256 or toll free at 866-712-6164. If we are not in the office or it is after hours, you can leave us an emergency message in our voice box 44 and a support team member will respond to you within 24 hours.

BSTTW Directors

Michael Appleman: **Executive Director**
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DONATIONS

As a 501 (c)(3) Non Profit Organization, **BSTTW** depends on donations from corporations, organizations, families and individuals. All donations, big or small are tax deductible to the extent allowed by the United States government tax laws. **BSTTW** has several different funds that you can donate to. The **BSTTW** general fund, the **Bishop Peter Nguyen Van Nho World Wide Burned Children's Fund**, the **"Dwight Lunkley Racing To Victory" Fund**, **USA & Asian Burn Camp funds**, **BSTTW Healing Weekend**

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Fund, The Viet Nam Fund and the World Burn Congress Fund.

Your donations will help **BSTTW** to do what is needed to help a burn survivor, family members rebuild their lives. It will also be used for public awareness on fire safety and how the community can help a burn survivor reenter their community.

BSTTW also offers people that donate \$25.00 or higher to a free copy of the **BSTTW Music CD**. To learn more about this you should go to www.burnsurvivorsttw.org/donations/donatecd.html or www.burnsurvivorsttw.org/donations/donations.html

Remember your donations can be money, clothes, a used bicycle etc.. All will help burn survivors and their family. Many families loose their homes and property. Please personally think about and talk to your family and friends about donating to **BSTTW**.

MAKE DONATIONS PAYABLE TO & MAIL TO:

Burn Survivors Throughout The World, Inc.
16193 Lone Star Ranch Drive #102
Conroe, Texas 77302

DONATE ON LINE

To learn more about donating on line go to:
www.burnsurvivorsttw.org/donations/donations.html

If you have any questions call us at 936-647-2256, toll free at 866-712-6164 or by email at:
donations@burnsurvivorsttw.org

VOLUNTEERING YOUR TIME

There are many children, adults and families around the world that need support and other help. You do not have to be a burn survivor or family member to become a **BSTTW Volunteer**. All you need to do is become a **BSTTW Member** and then apply to become a **BSTTW Volunteer**. If you are a burn survivor or family member, in order to become a **BSTTW Member**, fill out the **BSTTW Membership & Profile Registration E-Form** at:

www.burnsurvivorsttw.org/membership/memform.html,

Next fill out the **BSTTW Volunteer E-Form** at:
www.burnsurvivorsttw.org/volunteer/volunteer.html

If you are not a burn survivor or family member you can skip the **BSTTW Membership & Profile Registration E-Form** and go directly to the **BSTTW Volunteer E-Form**.

By volunteering with **BSTTW**, you will be taking part in rebuilding lives and helping burn survivors reenter their community.

If you have any questions, you should first review the **BSTTW Volunteer E-Form**, after that if your questions have not been answered, you can contact **BSTTW** by email at volunteers@burnsurvivorsttw.org, and by telephone at 936-647-2256 or toll free at 866-712-6164.

PURCHASES

BSTTW has an online store where you can purchase Skin Care Products, Books and Video Tapes. To learn more go to:
www.burnsurvivorsttw.org/sales/sales.html

BSTTW also offers a free copy of the **BSTTW Music CD** to people who donate \$25.00 or higher to **BSTTW**. To learn more about this you should go to

www.burnsurvivorsttw.org/donations/donatecd.html
or

www.burnsurvivorsttw.org/donations/donations.html

BSTTW ADDRESS & PHONE NUMBERS:

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16193 Lone Star Ranch Drive #102
Conroe, Texas 77302
(936) 647-2256
Toll Free: 866-712-6164
Fax: (319) 856-5359

Feel free to contact **BSTTW** if you have any questions and/or comments by using the **BSTTW Comment & Question E-Form** at:
www.burnsurvivorsttw.org/eforms/emailform.html