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# BSTTW COMMUNITY NEWS

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## BSTTW REBUILDING LIVES

### BSTTW Israel Recovery Project

By: Michael Appleman, CEO

**O**n July 12, 2006 the Hezbollah guerillas kidnapped two Israeli soldiers and killed eight others during a cross-border raid. Israel's reaction was fast and hard. For 34-days Hezbollah shot over 100 rockets at Israel. The rockets destroyed a large amount of property, land and human lives.

Israel responded by first sending its squadrons of F-16 and F-15 warplanes to bomb roads and bridges in order to attempt to stop the arms from Iran and Syria reaching the militants. Next



force to stop the bombing, find the Israeli soldiers who were taken captive and move the Hezbollah forces far enough back in Lebanon to keep the Hezbollah rockets from reaching Israel.

Finally on August 15<sup>th</sup> the war between Israel and Hezbollah militants ended with a United Nations-brokered ceasefire and deployment of U.N. troops. Before the guns were silenced, more than 1,000 Lebanese and 116 soldiers and 39 civilians died in combat or

from Hezbollah rockets. The Israeli army officials state that they killed more than 530 Hezbollah guerillas since the start of fighting on July 12, 2006. The Hezbollah spokesman has stated that only 68 dead.

In August the BSTTW board of directors decided to help rebuild the lives of the Israeli people



who suffered a burn injury and their family members due to the action from Hezbollah. That is when BSTTW began the BSTTW Israel Recovery Project (BIRP).

If you are interested in learning more about the BIRP go to <http://www.burnsurvivorsttw.org/donations/birpfunding.html>.

To become a BSTTW Volunteer go to <http://www.burnsurvivorsttw.org/volunteer/volunteer.html>



### A FAMILY AROUND THE WORLD

the Israeli military sent their ground

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## Is the Focal Point of Your Room A Fire Hazard?

By Delores Gempel Lekowski

Imagine yourself in an interior designer's impeccably decorated home. You express the usual ooohs and aaahs of approval as you move from room to room. Everything is perfect and pleasing to the eye. You enter the family room and in front of you is the focal point of the entire room - a flat panel television hung above a beautiful fireplace. Who would ever think a TV could look so attractive? Then you start to wonder, "Is this safe?" We have all heard the rules of fire safety. We know not to put furniture or other flammables near a heat source, but we are ignoring this rule with the combination of televisions and fireplaces. A fireplace is *definitely* a heat source.

Flat panels, including plasma and LCD televisions, are new and for now, costly. In the near future, they will become more affordable for consumers, and just as the computer became a permanent fixture in the home, so will these televisions. Because the televisions are not yet affordable for many of us, the general public isn't too concerned with the safety of these products and hasn't given it much consideration. I discovered this when I began asking questions about the placement of these televisions, especially above fireplaces.

I learned that people love the idea of a flat panel television being a part of their fireplace, and their only concern is the potential damage to the TV set. In contrast, every burn survivor I asked expressed the same concerns I had, and I would hear the question of safety echoed over and over again. I asked, "Would you worry about the placement of a wide screen TV over a fireplace?" Their reply was a resounding, "Yes!" Not a single burn survivor expressed concern over the potential harm that could be done to the TV. Their main concern was the risk of fire and the potential for injuries to themselves and their families.

Given the information I already had, I called the local fire chief to ask him if he had any concerns about the placement of flat panel

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televisions above fireplaces or in wall enclosures. He told me he was not aware of any fires caused by these televisions in his district. He said common sense should always prevail, and that he would never place any TV close to a heat source. Admittedly, he knows very little about flat panels and their growing popularity. Owners need to adhere to manufacturer's instructions and safety warnings, he said. He also said the television sets should always be installed and wired by a professional, and that fireplaces should be in compliance with existing safety codes.

Next, I called a fire restoration company, charged with professionally cleaning homes after fire damage. I asked them if they had cleaned any homes that had experienced fire damage caused by flat panel televisions. He said, "No, we haven't seen any, but we have done jobs caused from TV fires." I asked him if he would place a flat panel above a fireplace, and he said, "I personally wouldn't. My brother-in-law has a flat panel television, and they do get warm."

Finally, I called a fireplace store, which wouldn't give any advice on the placement of a flat panel to avoid liability.

After talking to these individuals, I decided to search the web to see the type of guidance manufacturers provide on hanging flat panel televisions above fireplaces. I was shocked to find out manufacturers don't stress the fire risks. They suggest thinking twice about doing it, but for all the wrong reasons, such as discoloration of plastic housing from heat/smoke and height and wiring issues.

My flat panel research uncovered other decorative trends that concern me. For example, the practice of placing candles on the mantelpieces of fireplaces with flat panel

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**CAM Development**

Software for All your Printing Needs

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television hung above them. One decorator suggested hanging a two-way mirror over a flat panel television to hide it. When the TV is on, you can watch it through the mirror, and when it is off you can only see the mirror. I am uncertain whether the manufacturer thinks this is a good or safe idea. I know I don't. I would be afraid of overheating, and this is never a good thing.

Some electronics manufacturers are trying to find ways to ensure fire safety of their electronics. I have to say that I am impressed that companies, such as Dell and Philips, are using a fire retardant chemical to manufacture flat panel units. The Consumer Products Safety Commission announced the recall of 12,000 plasma flat screen televisions due to "arcing by capacitors" that could pose a fire risk. There were no injuries reported, and fires were contained as a result of the fire retardants used in manufacturing. The use of a fire retardant in these products is good news and kudos should be given to the manufacturer who decided to use it when so many in the current market do not.

Manufacturer's warnings and safeguards must always be followed. Warnings like 'Do not block the ventilation or openings on your television set' are communicated to keep the appliance from over-heating. Should you enclose your flat panel television? If the manufacturer says not to, then don't do it. Manufacturers test the product, and know the safeguards that should be followed to achieve the desired performance. Listen to them.

These manufacturer warnings are helpful, but don't guarantee safety. The National Association of State Fire Marshals (NASFM) has raised concerns about flat panel televisions being hung above fireplaces with committees charged with developing safety requirements for consumer electronics equipment. NASFM has approached the Underwriter Laboratories Standards Technical Panel for Audio, Video and Similar Electronic Apparatus, better known as STP 60065, and the International Electrotechnical Commission's U.S. Technical Advisory Group, US TAG, responsible for

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formulating the United States' position relating to all matters within the scope of Technical Committee 108. NASFM hopes its concerns will result in research to determine the actual risks of placing flat panel televisions above fireplaces or close to candles and, ultimately, tougher flammability standards for these TVs.

## **Does the Mineral Movement Produce Golden Results?**

By: Alisha Pierce

Professional makeup artists are at the forefront of most beauty trends. We are invited to product launch parties, given pre-launch samples to use on photo shoots or runways and allowed to request products on behalf of celebrity clients. But there's a new trend that most "professional" makeup artists aren't part of; the mineral makeup movement.

There is a great deal of controversy surrounding the Mineral movement. In fact, the concept was launched with an argument of being superior to conventional makeup because it's "so natural you can sleep in it". But then, as Lisa Sickler, trainer for Babor cosmetics, states, "Yes, it's natural. But why would you form an occlusive layer over the largest organ of the body at night when it's repairing most?"

Despite questionable propaganda, mineral makeup does have its benefits. Publicity tells us that mineral makeup leaves out harmful ingredients. There are no synthetic colorants, no fragrance and none of the comedogenic oils found in conventional makeup. It is also touted as being 100% anti-bacterial.

What they don't tell us is that, according to John Reinhart, cosmetic chemist consultant pigments used are the same minerals that are in conventional makeup. We never hear that natural fragrance in cosmetics can have a therapeutic effect. Nor are we told that some oils like almond, apricot, jojoba and even natural mineral oils can re-create sebum and actually help heal certain skin conditions. He also states that, while it's true zinc will not allow

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organisms to live, they will grow in titanium and iron oxides.

The roar of the mineral movement can now be heard partying right next to Viva Glam at the MAC counter. Mineralize Skin Finish, MAC's contribution to this craze, is meant to be an addition to your regular makeup application, not the only makeup to be used on a daily basis. John Stapelton, Sr. Artist for MAC Cosmetics says that, while makeup artists still rely on Studio Fix for coverage, “Mineralize adds sheen to the high planes of the cheeks and down the nose”.

Mineral makeup is comprised of naturally occurring pigments of which titanium dioxide and zinc oxide (both white in hue) are the most prominent. Unfortunately, the darker, richer tones found in Iron Oxides are difficult to control without a carrier and are therefore used in lesser quantities.

Should you still insist on joining the Mineral Movement, there are a few application guidelines to follow. For instance, most mineral lines have a relatively high percentage of mica and bismuth to add sheen and pearl-essence. Selecting a foundation in a slightly warmer hue will eliminate the glassy gleam mineral makeup gets when natural sebum production takes over. This is done by applying three varying shades to the jawline with a Q-tip. The color that blends best without leaving a white cast is your perfect shade. Also, look for lines that mix in cream concealers. Jane Iredale offers Circle/Delete in duo sets with one shade to compliment skin and one to correct and cancel out darker discolorations. Custom blending will ensure a perfect match. “Color match” specialists can address your unique concerns and change your formula according to the season. That's why, Mineralogie retails Powder Minerals in thirty-three shades and seven corrector colors. **As a makeup artist and Founder of Mineralogie Mary Van knows, if it matches, and “goes on smoothly. It will stay on and give perfect coverage”.**

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Mineral foundations have been criticized as being too heavy, so blending is key. Add a bronzer to bring skin tone back to life. Try purchasing a second foundation one full shade darker to brush around hairline, over the chin and nose and just below the apple of the cheek to add dimension. Or try I.D. Minerals Warmth to mimic the look of skin's natural blush. To really pump up the glow, use MAC's Mineralize to re-create skin's natural sheen.

Tips for Burn Survivors:

**Mary Van, founder of Mineralogie, insists that, for burn survivors, “loose is always the way to go”. She also suggests that a synthetic brush might be gentler on the skin.**

**John Reinhardt notes that an anhydrous makeup or pigment suspended in a wax-like carrier may be a better choice for burn survivors.**

**Sigrid Konrad, Director of Education for Babor America suggests burn survivors prep their skin with a Babor Express Relief ampule and form a healing barrier with Babor's Advanced Biogen Intensive Repair. This type of nutritive primer should actually be the first step of any makeup application.**

**My Tip: the sun protection factor as set up by the FDA only provides 10 minutes of UV blockage per point. (I.E. 15 SPF = 150 minutes of protection) Therefore, any UV protection you choose must be re-applied.**



## The Day That Changed My Life

By: Jessica Evans

Well it all started one day when I was three. My sister and I went outside to play. My mother had gone back into the house to see what my older brother was yelling about. I had followed my sister into the car. She had gotten out and I got in. I opened the glove compartment not realizing what I was doing I find a cigarette lighter. I was trying to light a road map on fire. I thought it wouldn't work. At the time I was trying to do this inside of my shirt. Well I did not know that the lighter had a leak and that is why it would not light. As I was pulling it out of my shirt the lighter had sparked. When the lighter sparked it had caught all the fluid that had leaked out onto my clothing on fire. I do remember running back and forth across the front seat of the car.

Not being able to touch plastic or metal. It hurt to bad to touch so I could not get out the car. Out of nowhere a stranger came up to the car and got me out and wrapped a blanket around me. He knocked on my door asking my mother if I was her child and she said yes. She immediately called 911. Thanks to a very nice guy named Kerry Berkly. I was saved. I was sent to the Children's Hospital in Greater Dayton. At that time they did not have a burn unit. They told my parents that I would not make it because they could not get a tube down my throat. A nurse that worked there had just transferred from Shriners Burn Institute for Children and told them about the place. They then called them and the came to my rescue. Thanks to Shriners I was able to survive.

I don't look at myself as being a Victim but as a SURVIVOR! I look at all the little children around me and see how people miss treat them and call them names. I was once there and know what it feels like. It had just made me a better person. I always talk to them and let them know that things will be better. Also that the people who say mean things to them that they are just insecure for themselves. Don't listen to someone that tries to degrade you or make you feel bad.

## BSTTW COMMUNITY NEWS

Just know that you had survived something that they will probably never imagine. You are stronger then them. I have lived like this for 13 years now and I am not ashamed of a thing.

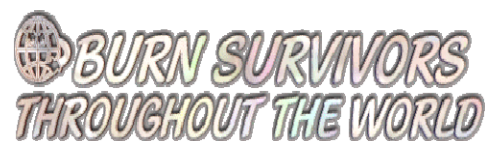
## The Burning Pot of Oil

By: Cee Duncan

It was April 3, 2006, and 6:45 am. I put a pot of water on the stove and turned the eye on .. only it wasn't the right one. Instead, I turned on the eye under a pan of grease from the night before. The smoke alarm went off five minutes later. I ran in the kitchen to face a grease fire within the pan. I panicked. My mind went completely blank. I second guessed everything. I tried to carry it out .. the hand was too hot and I put it down. A minute later, my husband ran in the kitchen. He picked up the pan and headed to the back door. I held the storm door open for him. The surface of hot grease shifted within the pan. It splashed on his right hand. I saw what happened and tried to jump out of the way, but not before hot grease got my left elbow and left side. I noticed my skin was pushed back from my elbow. The skin on my husband's hand look like melted candle wax!

After assuring our sons we would be fine, we drove to the hospital five minutes from our home. Within an hour, we both were sent to the Wake Forest Burn Center. We both had third degree burns. We both needed grafting. We became familiar with Silvadene and gauze dressings to keep our areas moist. We were annoyed, mad, sad, short tempered...more emotions that I thought was possible in such a short time. Our lives evolved around wound care and it's summer here in the Caroinas and I am very temperature sensitive. I have to have sun block and cover my new skin, so it won't burn. I hear that I will be for the rest of my life. When I think of how fortunate I was, I cry. I

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pray for those who are worse. In that small instant, I became a burn survivor. In that instant, I learned the grace of God.

**BSTTW POEMS**

I began writing poems during my recovery in order to not only help himself, but to offer support and positive thoughts to all burn survivors and family member who are going through a rough time. I ask you all to never give up and continue to do what I and so many others have done during and after recovery...find the support needed to work through the rough time and continue moving forward in your life.

If you would like to submit a poem or story to **BSTTW** you can do so by email at [poems@burnsurvivorsttw.org](mailto:poems@burnsurvivorsttw.org) or [stories@burnsurvivorsttw.org](mailto:stories@burnsurvivorsttw.org). **BSTTW** also has a program on our internet site that allows you to submit your stories and poems electronically. You can submit the full story at [www.burnsurvivorsttw.org/stories/storymaker.html](http://www.burnsurvivorsttw.org/stories/storymaker.html) and your full poem at [www.burnsurvivorsttw.org/poems/poemmaker.html](http://www.burnsurvivorsttw.org/poems/poemmaker.html)

*Michael Appleman, CEO*

**BSTTW COMMUNITY NEWS****When Time Froze**

By: David N. Kuyper

It seems to me that no one knows  
Why wind blows or why time flows  
Why the moon glows or why the road forks in  
the path we chose...

Well, when time froze I felt uplifted  
I stood still as the earth turned and twisted  
The sands have shifted my girls face I missed it  
All I can remember is the last time I kissed it  
Then thoughts shifted and pencil I was given  
A utensil to show how thankful I'm livin  
The warmth of others kept me alive inside  
No matter the hardships, no matter what, I  
survive  
The only thing was sin in my life that burned up  
and died  
I never judged a book by its cover  
And now I discovered a wonder myself  
I pledge to never surrender or be a book left on  
the shelf  
This is my oath to you who have helped me and  
my family get by  
I extend my thanks and love to all of you from  
deep inside

*David N. Kuyper*



## BSTTW CONTACT INFORMATION

### EMERGENCY CONTACTS

**BSTTW** has a support team that is on call 24 hours a day 7 days a week to help a burn survivor, family member or firefighter deal with a burn injury and fire related emergency. You can contact **BSTTW** on the internet or by telephone. On the internet go to the **BSTTW Emergency Email E-Form** at [www.burnsurvivorsttw.org/eforms/emergemail.html](http://www.burnsurvivorsttw.org/eforms/emergemail.html) or the **BSTTW Support Team E-Form** at [www.burnsurvivorsttw.org/eforms/supportemail.html](http://www.burnsurvivorsttw.org/eforms/supportemail.html)

To contact **BSTTW** by telephone by dialing 941-364-8457 or toll free at 800-503-8058. If we are not in the office or it is after hours, you can leave us an emergency message in our voice box 44 and a support team member will respond to you within 24 hours.

#### BSTTW Directors

Michael Appleman: **Executive Director**  
[michael@burnsurvivorsttw.org](mailto:michael@burnsurvivorsttw.org)

Nguyễn Thi Diêu Trân: **Director- Việt Nam**  
[tran@burnsurvivorsttw.org](mailto:tran@burnsurvivorsttw.org)

Ariel Gonzalez: **Director- Mexico**  
[ariel@burnsurvivorsttw.org](mailto:ariel@burnsurvivorsttw.org)

#### DONATIONS

As a 501 (c)(3) Non Profit Organization, **BSTTW** depends on donations from corporations, organizations, families and individuals. All donations, big or small are tax deductible to the extent allowed by the United States government tax laws. **BSTTW** has several different funds that you can donate to. The **BSTTW** general fund, the **Bishop Peter Nguyen Van Nho World Wide Burned Children's Fund**, the **"Dwight Lunkley Racing To Victory" Fund**, **USA & Asian Burn Camp funds**, **BSTTW Healing Weekend Fund**, **BSTTW Israel Recovery Project** and **the World Burn Congress Fund**.

## **BSTTW COMMUNITY NEWS**

Your donations will help **BSTTW** to do what is needed to help a burn survivor, family members rebuild their lives. It will also be used for public awareness on fire safety and how the community can help a burn survivor reenter their community.

**BSTTW** also offers people that donate \$25.00 or higher to a free copy of the **BSTTW Music CD**. To learn more about this you should go to [www.burnsurvivorsttw.org/donations/donatecd.html](http://www.burnsurvivorsttw.org/donations/donatecd.html) or [www.burnsurvivorsttw.org/donations/donations.html](http://www.burnsurvivorsttw.org/donations/donations.html)

Remember your donations can be money, clothes, a used bicycle etc.. All will help burn survivors and their family. Many families loose their homes and property. Please personally think about and talk to your family and friends about donating to **BSTTW**.

#### MAKE DONATIONS PAYABLE TO & MAIL TO:

Burn Survivors Throughout The World, Inc.  
650 N Beneva Road #305  
Sarasota, Florida 34232

#### DONATE ON LINE

To learn more about donating on line go to:  
[www.burnsurvivorsttw.org/donations/donations.html](http://www.burnsurvivorsttw.org/donations/donations.html)

If you have any questions call us at 941-364-8457, toll free at 800-503-8058 or by email at:  
[donations@burnsurvivorsttw.org](mailto:donations@burnsurvivorsttw.org)

#### VOLUNTEERING YOUR TIME

There are many children, adults and families around the world that need support and other help. You do not have to be a burn survivor or family member to become a **BSTTW Volunteer**. All you need to do is become a **BSTTW** member and then apply to become a **BSTTW Volunteer**. If you are a burn survivor or family member, in order to become a **BSTTW Member**, fill out the **BSTTW Membership & Profile Registration E-Form** at:  
[www.burnsurvivorsttw.org/membership/memform.html](http://www.burnsurvivorsttw.org/membership/memform.html),

Next fill out the **BSTTW Volunteer E-Form** at:  
[www.burnsurvivorsttw.org/volunteer/volunteer.html](http://www.burnsurvivorsttw.org/volunteer/volunteer.html)

If you are not a burn survivor or family member you can skip the **BSTTW Membership & Profile Registration E-Form** and go directly to the **BSTTW Volunteer E-Form**.

By volunteering with **BSTTW**, you will be taking part in rebuilding lives and helping burn survivors reenter their community.

If you have any questions, you should first review the **BSTTW Volunteer E-Form**, after that if your questions have not been answered, you can contact **BSTTW** by email at [volunteers@burnsurvivorsttw.org](mailto:volunteers@burnsurvivorsttw.org), and by telephone at 941-364-8457 or toll free at 800-503-8058.

### **PURCHASES**

**BSTTW** has an online store where you can purchase Books and Video Tapes. To learn more go to:  
[www.burnsurvivorsttw.org/sales/sales.html](http://www.burnsurvivorsttw.org/sales/sales.html)

**BSTTW** also offers a free copy of the **BSTTW Music CD** to people who donate \$25.00 or higher to **BSTTW**. To learn more about this you should go to  
[www.burnsurvivorsttw.org/donations/donatecd.html](http://www.burnsurvivorsttw.org/donations/donatecd.html)  
or [www.burnsurvivorsttw.org/donations/donations.html](http://www.burnsurvivorsttw.org/donations/donations.html)

### **BSTTW ADDRESS & PHONE NUMBERS:**

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Toll Free: 800-503-8058  
Fax: (941) 364-8441

Feel free to contact **BSTTW** if you have any questions and/or comments by using the **BSTTW Comment & Question E-Form** at:  
[www.burnsurvivorsttw.org/eforms/emailform.html](http://www.burnsurvivorsttw.org/eforms/emailform.html)